

Generations

Getting a head start on holiday gift planning

Thanksgiving is right around the corner and you know that means holiday decorations will soon be gracing your favorite stores if they're not out already (which reminds me that I've got to replace my 10-year old Christmas tree this year due to age and scrunching it inside a worn-out box).

It's also time to think about what to buy for that difficult person on your holiday list (which, according to my kids, is me) and I found a list of products on www.gadgetpush.com that promises to be unique for the hard to buy for person in your life. The site cautions everyone to grab them now as they'll be fast sellers and in demand this year.

So, here's a couple from that list.

Know someone who has tried everything to fall asleep and still tosses and turns? Dodow has the answer and it's only around \$60. Unlike other sleep remedies that provide temporary solutions, Dodow uses a light metronome that promises to

retrain your brain to fall asleep. It's small enough to put on your nightstand and produces a slow, rhythmic light that is scientifically designed to quickly quiet your busy mind, slow your breathing and relax your body — swiftly lulling you into a deep, peaceful slumber.



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According to the article, this little gizmo combines behavioral cognitive therapy, yoga and meditation using its steady beat and, since the color blue is known for its relaxing quality, Dodow uses cyan as its best sleep-producing light color. You can adjust the light intensity so you don't disturb your partner, and a simple tap on its surface sets an 8-minute or 20-minute mode. It's portable, works with three AAA batteries and even has an automatic shut-off.

Another useful gift idea is the Triple Bristle Sonic electric toothbrush. It has a three-head

design and angled bristles to ensure that every tooth receives a thorough brushing, reducing plaque, gum soreness and bleeding. It has three vibration speeds for comfort and an automatic timer at 30-second intervals to move the brush. The rechargeable battery lasts for two weeks on a single charge — now how easy is that? I did check Amazon and it was around \$70 and received good reviews (75 percent gave it a top review).

Know someone who spends a lot of time at the beach and worries about leaving his or her valuables on the sand while taking a dip or catching a wave? FlexSafe might be just the ticket. It's a portable safe made of ultra-cut-resistant material that you can clip onto a stationary object such as a heavy-duty beach chair or under a beach umbrella. There are no cords to snip through, it's water-resistant, and it features a belt loop, storage pockets and a padded carry strap. It's \$54 on Amazon.

If you know someone who has

a ton of keys and you're irritated at the sound of them crashing every night on your kitchen countertops, KeySmart might be the answer. This sleek key organizer looks like a pocket-knife, the keys fold in, and it can hold up to 14 standard-size house keys. It even includes a loop piece attachment for a larger car key or fob remote. It's ultra-light-weight and durable, made from aircraft-grade aluminum and high-quality, rust-free stainless-steel hardware. And for those who only have a few keys, you can also add a USB drive or a bottle opener. It's available on Amazon at \$23.

In this day and age of taking photos with your phone (and plenty of selfies) and videos and storing them on your computer, there is still a big worry that your computer or phone will crash and everything will be lost. Even saving to clouds can't guarantee photo and video safety. So, a perfect gift might be PhotoStick, which promises to back up your photos and videos with just one click.

This small thumb drive plugs into your MAC or PC. You simply open the program, click "GO," and it'll automatically find all your photos and videos and back them up to the PhotoStick. It saves up to 60,000 photos and videos, and Amazon has it for \$79.99. One word of caution: Don't misplace the PhotoStick.

I'm running out of room, so I can't expand on BakBlade other than to tell you that it's for the man in your life and features a long handle to reach down his mid-back for shaving unsightly hair, and I'll also have to pass on GlowBowl, which is a motion-activated toilet night light in a lovely shade of blue for those which need inspiration in the middle of the night.

However, if those two items really stir your interest, check out the website — and I already checked for you — they're available on Amazon.

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